



# SUNSET

NOVEMBER 2017 | ISSUE 53 | [SUNSETCHURCHSF.ORG](http://SUNSETCHURCHSF.ORG)

# PULSE

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## God Uses Sunset Church to Aid Fire Relief Efforts

By Lucy Gee, Photos by Gary Gin, Liz Lee and Lucy Gee



***For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. Ephesians 2:10***

It has been an unforgettable year impacted by one tragedy after another. The recent wildfires in the North Bay were the worst disaster in California history; it burned 200,000 acres, destroyed 8,900 structures, and took 43 lives.

When San Francisco Deputy Sheriff Johnny Saelee reached out to Sunset Church for help with the supply collection for the fire victims, I had no doubt that our Sunset community would rise up to meet the need – and boy did our church ever!

It was such a blessing to witness an outpouring of support from our church community as Sunset Church served as a collection site to collect supplies to meet the basic needs for those who became homeless due to the fires. Our church lobby was filled to the brim for 2 weeks with all the requested supplies. Thank you to everyone who dropped off donations, sorted, boxed and delivered the supplies. We transported over 25 car and van loads of supplies to the Sheriff's headquarters who organized a convoy to deliver the supplies to the evacuation sites up north.

Deputy Sheriff Johnny Saelee expressed his appreciation to Sunset Church, "Please help me thank everyone that helped make ►

this possible. The supplies will go a long way. It represents hope. After someone's possible worst day, there will be better days to come."

After the last of the supplies were dropped off, our church members still yearn to offer additional help, which led to three fundraising efforts raising almost \$5,000. A big appreciation goes to Gloria Ho's amazing team who sold over 440 servings of mango sticky rice to happy customers. "God works in a mighty way when we are willing to be a channel of blessings to others. There are so much need around us, let us continue to be the light and salt of this world. May God be glorified in all we do", says, Gloria.

The Coffee for a Cause Ministry hosted a special fundraiser and raised double the usual Sunday amount. The attendees at the special Monthly Mixer Fundraiser Lunch hosted by Jon and Kelly's Small Group enjoyed a delicious fall theme lunch and had the satisfaction of knowing that proceeds will benefit those who have been affected by the fires.

During the recent Veterans Day Holiday, two teams from Sunset Church traveled to Santa Rosa to serve with Samaritan's Purse to assist homeowners with debris removal. Gary Lee responds why he enjoys serving with Samaritan's Purse to aid in relief efforts. "Serving with Samaritan's Purse, the focus is God first, then the homeowners and last, the house. Working alongside other Christian brothers and sisters to demonstrate God's love and seeing how God's love is healing and helping the homeowners is amazing!"

Thank you Sunset Church for following God's call to be Jesus' hands and feet to have compassion and serve those in need in our community! ▶







# North Bay Fire Relief

## A Collection of Quotes

It is with absolute joy and delight to share with you CFC raised \$2,080 for North Bay Fire Victims during the 10/29 Special CFC Event! This is nearly double of what CFC raises on CFC Sundays. May we continue to pray for all those impacted by the North Bay fires and encourage one another to continue to be a blessing to all those around us." - Faustine Choi (CFC Food & Baker Coordinator)



L-R: Gloria (mango sticky rice), Mandy (fake shark fin soup), Ying (chicken jook) and Vern (CFC volunteer)



Thanks for Gloria Ho (front right) for leading her amazing team for making 440 servings of Mango Sticky Rice and raising \$2,122 to benefit the fire victims! ▶





SF Deputy Sheriff Johnny Saelee expressed his appreciation to everyone at Sunset who took part in this relief effort to aid the fire victims. "Please help me thank everyone that helped make this possible. The supplies will go a long way. It represents hope. After someone's possible worst day, there will be better days to come."



Dear Sunset Church Congregation,

Thank you so much for all your donations, volunteering your time and energy sorting, labeling and delivering boxes etc. All the evacuation centers I went to really appreciated all the donations. A lot of the donations went to Windsor High School when it first opened as an evacuation center. Donations were especially appreciated there. Sunset Church provided many families with supplies needed to help them through these difficult times. It truly is amazing to see how communities have become stronger together in these times of tragedy. I want to personally thank Sunset Church for all your support and generosity for Santa Rosa has been my home for the past four and a half years. Thank you everyone for the outstanding support. God Bless!

- Joe McIntyre (Santa Rosa resident who lost his house due to the fire and continues to help transport supplies to the evacuation sites.)



A big thank you to the CFC team and everyone who participated. It is such a delight to serve side by side with the Sunset community for the North Bay Fire victims. God works in a mighty way when we are willing to be a channel of blessings to others. There are so much need around us, let us continue to be the light and salt of this world. May God be glorified in all we do. – Gloria Ho

If you wish to donate money to help those affected by the fire, you can donate to [www.srmission.org/ncfires](http://www.srmission.org/ncfires)



# Serving Santa Rosa Homeowners in Jesus' Name

Sunset Church has sent many volunteers over the years to help those impacted by Katrina in Louisiana, and to East Baton Rouge when communities were flooded. Recently a disaster hit closer to home. The North Bay fires destroyed homes of families and friends. We wanted so desperately to help in any way we could.

Sunset Church prayed for those impacted as well as for the First Responders; and we donated funds to provide food, clothing, water, etc. And many answered God's call to be on location with families affected by the fires. Our volunteers filled with the Holy Spirit prayed with families, and showed compassion sifted through ash to find family heirlooms, military awards, etc.

On Friday (Veterans Day Holiday) with our team loving on the homeowners through prayers and showing God's love, two people accepted Jesus Christ as Lord and Savior! As volunteers, we just wanted to glorify God. - Judy Lee



Gary Lee led a team serving to help homeowners with debris removal in Santa Rosa during Veteran's Day Holiday.

Front row L-R: Melisa, Clarissa, Amber, Judy and Lincoln. Back row L-R: Earvin, Nick and Gary.

## Thank You Jesus - You're the real Hero!

As we drove throughout Santa Rosa to help aid in the North Bay fire relief, we saw many things that drew my mind toward Jesus. Where there once was beautiful creation and joy, now was left in desolation and it broke my heart.

We stood and prayed over people and places but I had hope for the future because my hope is placed in Christ. All over town there were signs thanking the first responders as the real heroes but I know the truth - the true Hero is Jesus. For though we are in a fallen world that is desolate because of sin, Christ died on the cross to give us promise of hope and a future with God. Thank You Jesus for being the light in this dark world. - Melody Gawliu



Gary's Team.

Serving with Samaritan's Purse, the focus is God first, then the homeowners and last, the house. Working alongside other Christian brothers and sisters to demonstrate God's love and seeing how God's love is healing and helping the homeowners is amazing! - Gary Lee



It was a pleasure and privilege to serve in God's name with these brothers and sisters." - Melody Gawliu

Front row L-R: Dexter and Alec. Middle row L-R: Esther, Lydia Lauren and Melody. Back row L-R: Jeffrey, Sean and Greg.



Part of our group with our first homeowner, Kat, after we found her great grandmother's Tiffany ring amongst the ashes. She was so happy and so thankful. It was the main thing she wanted to find." - Melody Gawliu



The group joining hands to pray for the home owner, Kat, and her son.

Our team leader told us to sift through a pile of ashes that was already sifted through. I thought it was a crazy idea, but within the first 30 minutes, we were able to find the homeowner's grandmother's Tiffany wedding ring! The homeowner, Kat, was so joyful and appreciative to all the volunteers. It was great to do something small to show the love of Christ. We prayed with Kat and gifted her a Billy Graham Bible. She said she is looking forward to reading the Bible to her son! - Lauren Gee

# Legacy Conference

By Elgin Quan, Photos by Stan Pun and Lucy Gee



Pastor Bruce spoke on Legacy of passing on faith and the love for God to the next generation.

This session ingrained in me that life is never static; therefore, estate planning is a lifetime process. As personal and family changes, so does legal matters. Frank's advice is to "update, update, update". A strategic approach is to develop lasting relationships and continually introduce junior generation to your professionals.

Dr. Bruce Fong's spiritual legacy spoke eloquently to the "why" of legacy planning. Citing personal life examples, Dr. Fong used a venue of stories and quotes, *"If you would not be forgotten as soon as you are dead, either write something worth reading or do something worth writing"* (Ben Franklin). Capture historic moments that tell of your faith. Live your faith visibly so that your children can see it. Walk, talk, lie down, get up, do life according to the mandate from Deut. 6:1-3. Follow loyally, lead courageously, defend tenaciously. Recite Deuteronomy 6...that your children and children after them may fear the Lord. Remind yourself vital spiritual legacy is a day to day, moment by moment endeavor. Immerse your children with conversations about spiritual truth. How vital can our legacy be? Dr. Fong concluded that the vitality of our eternal legacy will be shaped by the vitality of our daily compliance.

Survive and Thrive was the theme for Caring for An Aging Loved One, by Care manager and Elder Care specialist, Lauren Spiglanin. Four important factors in aging process are health and quality of life, housing, finances, and documentation. Her agency provides professional assessment, care management, mediation and family guidance for families to help meet those needs. Unfortunately, the process of aging can be the **elephant in the room**, obviously present, but ignored or avoided. People do not want to address or talk about it. Awareness is the key. Lauren's agency is available 24 hours a day, seven days a week to help. She can be reached at [www.familyconnectcare.com](http://www.familyconnectcare.com).

How to Fund Retirement to reach your Legacy Goals through sound financial planning was led by Eddie and Wan Wan Hong. You spend your entire life planning for a successful career, marriage and family. But what happens when you are no longer around? When a loved one dies, a new path is needed. Eddie proposed that a successful survivor roadmap begins with planting a seed in the earth. It takes a dream, watering and cultivating, plus lots of hard work. The Hong's prepared a valuable and comprehensive booklet for those in attendance to help plan for future unknowns: What can I do to prepare? When a loved one dies? How do I apply for survivor benefits? What will be my financial legacy?

This one day conference gave valuable insights on how to build your legacy. Plan well. Don't limp across the finish line. Outlive your life. Pass on your values. ***The tree that grows tomorrow will depend on how well it is watered today.***

Resources and presentations from the Legacy Conference are available on Sunset's website: [sunsetchurchsf.org/legacy](http://sunsetchurchsf.org/legacy) ▶

**"Outlive your life"** boomed the voice of Dr. Bruce Fong. Three powerful words launched the October 28th Legacy Conference, a one day event for baby boomers with focus on spiritual legacy. Planned and organized by Elder Frank Yuen and Frank's small group, four sets of speakers led sessions on estate planning, elder care, and senior financial planning.

Drawing a broad and wide audience on a Saturday morning, several more handouts had to be reprinted for over 100 who attended. The first session by Frank and daughter Erika of Yuen and Yuen Professional Law Corp spoke on the "How of Legacy Planning". He flagged seven truisms: from *"you don't know what you don't know"* to *"life is and never will be fair"* to leaving a financial mess is not responsible but your estate planning should reflect a *"final testimony on what Christ means to you"*.

Mistakes in estate planning are common, especially if one probes into the *"what ifs..."* living in a highly charged society.



Lauren Spiglanin spoke on caring for an aging loved one.



# Legacy Conference Quotes

It was a good conference and I think the information presented is useful to everyone. It is never too early to start thinking about how we live our life, how we depart and how we will leave our legacy.

I enjoyed the conference because it gave me a general overview of the various areas that I should be mindful of and address.

I always enjoy Frank Yuen's talk because he provides useful information in how we can be good stewards of our resources. A living trust and proper preparation will help our benefactors execute our final wishes.

Laura Spiglanin gave me some nice pointers on how we can help and manage our loved ones as they age. Don't be surprised that we may be those "loved ones" before we know it!

Eddie and Wan Wan were helpful in reminding us to be prudent in how we plan for our financial health. It's never too early to start saving for our golden years and contemplating on how we spend those years.

And of course, Pastor Bruce balanced everything by reminding us how brief our time on earth is as compared to eternity and how we should live our lives with the kingdom of God in perspective. Having a proper perspective of our "golden years" is crucial in our witness and testimony. I have always believed that for Christians, there is no such thing as retirement; but, only a transition from our vocation to our ministry. We never stop ministering to others and we never stop glorifying God. May the way we live and the legacy we leave behind be inspirational to those who follow us. – John Tang

The legacy conference was informative and helpful, spiritually and practically. I realized that no matter the age of your children, as a parent you still have influence over them. In your relationship, you have with them and your prayers for them.

In a practical sense, all the information that was given during the conference can be really overwhelming. Where do you start? I found it is helpful for me to go over my notes and set one or two goals that I should work on and then have a date to finish them. It is so easy to get excited but do nothing if there is no goal or plan. The Lord had a plan for creation, for salvation; I need a plan too. - Judy Ong

The Legacy conference was very informative. It was time well spent. In the conference, I learned there are monetary and non-monetary Legacy. When one hears the word "Legacy", one may think about leaving monetary inheritance to family members and charities. However, Pastor Bruce shared that we can leave a different kind of Legacy, a non-monetary Legacy. A Legacy of passing on faith and the love for God from one generation to another referenced in the passage of Deuteronomy 6:1-9.

On the other hand, Frank & Erika Yuen shared with us how we can manage monetary Legacy...how to avoid 10 mistakes in estate planning. In addition, I learned that there is a "stretch out" and a "conduit" trust. So, it's important to communicate with the attorney so that estate planning is done properly. - Crystal Chau



Frank & Erika Yuen spoke on Estate Planning.



Eddie and Wan Wan speaking on Financial Planning.

We, the Baby Bloomers, were provided practical resources to prepare and/or update our estate planning and retirement financial planning.

Some things I learned are:

- During the "Caring for an Aging Loved One" session, I learned that we cannot be a parent to our parents.
- Love and lead a meaningful life by being an influence to those we love.
- Get a living trust and buy umbrella insurance.

The highlight of the conference was when Pastor Bruce spoke on leaving a lasting legacy in the heart and soul of others in the name of Lord Jesus as commanded in Deut. 6:1-9.

- Susan Chung

# Chinese Thanksgiving Celebration

Article by Bill Tam, Photos by Rhys Wong



Thanksgiving Celebration.

2017年11月11日的感恩節聚會, 多采多姿, 由中文事工團隊負責籌備, 由何日昇執事管理聚餐一切安排, 也得到很多團契小組的弟兄姊妹幫忙, 發揮溢樂精神, 在五時半的二百五十人聚餐得以順利進行, 當晚還有三十多位小朋友參加家庭聚餐, 奇樂融融。

七時開始的感恩聚會, 由李志榮和張美詩作大會司儀, 有Marcus Chan帶領的感恩敬拜, 跟着有多位弟兄姊妹分享感恩見證, 如 Edwin Liang, 黎劉鳳萍, 許黃雪瑩, Susan, Joann Leong, Amy Lai 等, 她/他們都公開數算了神在今年賜下的恩典, 在困難時深藏了神的試練和看顧, 為的使信徒在屬靈裏成長, 鄭識文牧師分享他在溢樂教會事奉的感恩, 譚克成長老分享今年看到中文部有人得救、受浸、加入教會和短宣等, 深感神的恩典和帶領。 ■









# Sunset's Harvey Relief Trip

By Allen Ong and Will Yung, Photos by Team Members



Sunset Church's Harvey Relief Team. Front row L-R: Margaret, Allen, Judy, Lila, Lauren, Courtney, Stephanie, Clarissa, Nick & Gary. Back row L-R: Willie, Lincoln, Richard & Will.

I am grateful for the opportunity that I had to be a member of Sunset's Harvey Relief Team #1. We partnered with Samaritan's Purse (SP) to minister to families whose homes were damaged in Portland, TX during Hurricane Harvey. It was much more than just physical labor; it was an unbelievable time of bonding with members of God's family in order to serve others who were in need. As our team leader Miguel would constantly remind us, "it's not about the home, it's about serving and ministering to the homeowners."

One of the things that amazed me was how quickly all of us were able to join and bond with fellow Christians from across the country. Our group worked together with people from Mississippi, Texas, Pennsylvania, Missouri, and Iowa. Even though the work was demanding, it was a joy and blessing to work alongside with fellow believers. It really demonstrated to me what unity in Christ means. As our Sunset team leader, Gary Lee, said "It was like a small glimpse of heaven."

The other thing that amazed me was that even though our skills were limited how much we were able to help and be a blessing to the homeowners we served. On our third day, we went to a house that was completely flooded up to two feet of water. Most of the house and its contents had water damage and was in disarray. There were holes in the roof. A huge tree had been uprooted and was leaning on the house. While talking to the homeowners, we could feel their sense of despair and of being overwhelmed. My personal feeling was that it would take a month to clean up the house. We joined with other teams and individuals from across the country and in three days, we were able to: 1) cut the tree down, 2) tarp the roof so that it ►



Some of the destruction in Texas.



Allen sweeping up insulation from a house.



would not leak if it rained again, 3) remove almost all of the water damaged housing material (i.e., plaster boards, siding, insulation, etc.), 4) help sort through the belongings in the house, and 5) and most important of all provide support to the homeowners during this period. During our close out meeting with homeowners when we were leaving, I could feel that their sense of despair was gone and that with God's guidance, we were able to help make what seemed to be an enormous problem into one that they could now manage. It was rewarding to all of us to see that we could help and minister to the homeowners by simply following God's leading and being available to help. - Allen Ong



After completing a house, Samaritan's Purse gives a Bible signed by everyone who helped on the house to the homeowners.

If you know me, you know that I don't get preachy and try to push my religion or what I believe in on others unless it comes up in conversation because someone brings it up; I usually don't make it the topic of conversation. I would rather have my conduct and actions speak for themselves. If they don't and you can't tell what I believe in, forgive me.

Our team of 14 from Sunset Church in San Francisco, CA was sent to Portland, TX from SFO via Houston and Corpus Christi. We went through a Christ-centered organization called Samaritan's Purse which our team leader Gary Lee has served with before.

On Sunday, September 24th around 5:45 am, we were sent off by family, friends, and small group members. Once we touched down in Corpus Christi, we picked up our bags, our rental vehicle, and headed over to Rudy's Country Store and Bar-B-Q. Once we got to Rudy's, we picked up some food and our 15th member, a middle-aged Caucasian guy named Doug who came from Jackson, MS. I guess you could say he was pretty cool.

Let's just say that it was really amazing how quickly our team gelled from the start. I think a few of us knew each other well but the rest of us didn't know each other or only had passing interactions with one another. I'm really not sure which person has the best sense of humor but all of us laughed a lot at each other and situations. Even Gary said it was his "favorite team ever" (saved for posterity in our Whatsapp chat). Also, I'm pretty sure there are a lot of photos and videos floating around that might actually show we actually like each other.

The way Samaritan's Purse is run, they have four paid staff members. Everyone else is a volunteer which can result in over 200 volunteers in a single city or town on any given day. This means all the kitchen staff, operations, site team leaders, workers, etc., are volunteers. The main goal of Samaritan's Purse is to reach those in need and show that Jesus loves them at all times and forgives all no matter what is going on. Even at this time, Samaritan's Purse continues to receive more and more work orders to do assessments for gutting houses, tree and debris removal, etc. The latest count we heard was 991 with about 200 being completed.

In terms of our team, we had a great site team leader and prayer warrior named Miguel working with us. In addition, we had some core people who worked with us as well almost every day we were there: Amber, Bonnie, John, and Regina. Others came and ▶



Home owners with their Bibles from Samaritan's Purse.



The team beginning to work on a house.

went and all of them were essential in helping us complete what we needed to do. These people always gave it their all every single minute of every single day.

In terms of how we served, we basically were tasked with gutting the houses that we went to. On this trip, we went to three houses. The first, our whole team was there. The second, half the team went (I didn't go to the second so I can't really say what happened there). The third was a combined house and apartment (think a house and a small in-law unit).

The first house was a double-wide that needed some finishing up. We had to take down some drywall and remove insulation. While this may sound like a simple project that could be done very quickly, it definitely was not. The drywall was glued into the studs so when removing it, you needed a prybar to chisel it off. In addition, Doug had the great pleasure of removing moldy insulation from the ceiling while wearing a Tyvex suit in the hot and humid weather. Usually, it takes three days to gut a house. This one took six days from start to finish and we were only there for two. Have to be thankful for those other teams that did a lot of the work there.

The third house plus apartment was a fairly involved project. We had to remove a tree, drywall, built-in storage units, paneling, insulation, tarp the roof, sort and relocate personal possessions. This was a very involved process that took four and a half days. None of it was easy. We even had several other groups added to ours to help with this project.

At the first house, it turns out that not only did the building needed restoration but the relationships between family members were damaged. During the removal process, these relationships were also rebuilt. Someone pointed out that maybe we were there that long because it needed that much time to repair those relationships.

At the third house, they already believed in Jesus Christ as their Lord as the homeowners was a pastor. It just shows that everyone is not immune from tragedy and everyone needs help... even if they are usually the ones helping others.

For us, you were able to see each homeowners' countenance change daily. No matter where they were in their relationship with one another or with Christ, knowing that they were unconditionally loved and worthy of being served just changed them.

After each project is completed, the homeowners are given a Bible which has been signed by everyone who has worked on the house. Everyday, we heard how homeowners at different locations were so appreciative of the gift, the work that was done, the relationships that were mended. Would it have been possible if we had not gone? Probably. Would we as individuals have learned so much of we had not served? Probably not.

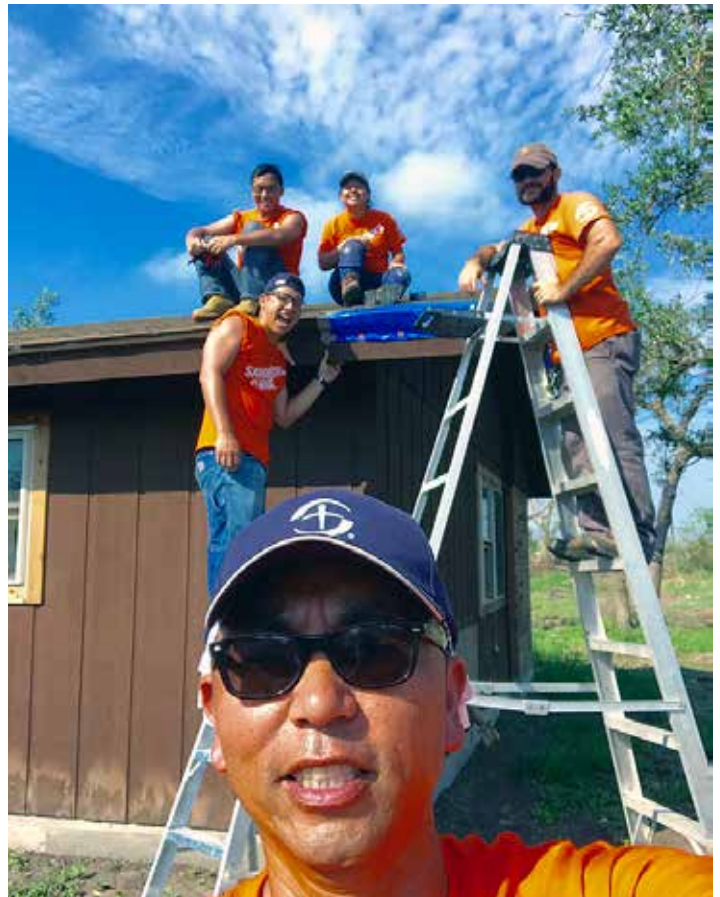
I've already been asked if I would do it again. My first reaction would be, "I'm not sure." Is it a definite no? No. Is it a definite yes? No. If we had the same team and all the same conditions? Maybe. I don't really like to commit to things unless I know I am able to do it so we'll see.

What I will say is that it was a great experience: getting to know one another, meeting new people from all over the country, helping those that need help, and telling people Jesus loves them in all situations. Should you do it? That's up to you. However, you learn more by doing than not doing. - Will Yung

If you wish to view the Sunset Church Hurricane Harvey Relief video, please view it at: [bit.ly/schhr](http://bit.ly/schhr)



Gary and Doug about to take take out ceiling and insulation.



The roof patching team.



# 在Kindred見到的微笑

薛偉華長老

十月二十二日，星期日，中文部心愛家庭團契二十多名弟兄姊妹午餐后一起探訪Kindred康復之家。

我們分為三隊：領歌唱，玩遊戲和上房訪問隊。唱歌隊聚集在二樓娛樂室內，以中英文唱歌“奇妙恩典”，“我要向耶和華歌唱”等歌曲，歌聲嘹亮，有的居民也加入一起唱，大家一邊唱一遍拍掌，臉上露出微笑。

同一時間帶領遊戲隊的弟兄姊妹在三樓的娛樂室內與那裏的居民朋友一起玩遊戲。因住在這裡接受康復的人行動不便，我們就手把手地幫助他們玩配字遊戲。他們非常興奮，並呼籲“賓果”，贏得了獎品，臉上露出開心的微笑。

事後我們分倆人一隊去探訪了住在這三座樓房間的人。我們與臥床不起的人和坐輪椅上的人分享了主耶穌的愛！我和Jackie弟兄認識了一位從上海來的楊先生，他是一位傷殘的中年人，在這裡住了將近三年，與他剛見面時，從他的臉上看到他既緊張又煩愁，我們跟他交談了十分鐘，了解到他一個人在美國。身體傷殘後，沒人照顧，孤單寂寞。從交談中知道他已在中國信主，我們就安慰他，鼓勵他，離開前我們仨人手拉手一起禱告！跟他臨別時他的臉上露出喜樂的微笑！



Heart to Heart Fellowship showing God's love at Kindred Convalescent Home.



The team sang "Amazing Grace" and "I will Sing of the Mercies of the Lord" with the Kindred residents.

## Sharing God's love with Residents at Kindred Convalescent Home

Article and Photos by Lei-chun Wang

On Sunday 10/22/2017, Heart to Heart (H2H) Fellowship dedicated one of the fellowship meeting as Caring Day. Over 20 brothers and sisters went out to visit the residents floor by floor. We went out with Gabriel Wong, who has been visiting Kindred with a group of sisters from Sunset.

H2H brothers and sisters divided up into 3 teams: singing, games and room visits. The singing team gathered in the recreation room singing "Amazing Grace" and "I will Sing of the Mercies of the Lord" in both English and Chinese. The residents started to clap and some joined in the singing. We shook hands with the residents, sharing with them "God Loves You" and the residents were so happy that they wouldn't let go of our hands. The Games Team played Bingo with the residents with prizes. We helped some residents to learn how to match numbers. They were so excited and called out "Bingo" and won a prize. It was such a blessing to play the game for both English and Chinese speaking residents, when they all shared the fun together. Then we went in pairs and visited the rooms. We shared God's love with the bedridden ones and those in wheelchairs! The residents were very appreciative of our visits and very open for us to pray with them!

We invite more fellowship and small group brothers and sisters to visit the Kindred Convalescent Home residents! Let's put our faith in action! ■

# Welcome Brunch

By Jasmine Wang, Photos by Lucy Gee

On Sunday morning, I woke up groggy from a tiring week of school, somewhat disoriented. My parents, upon realizing that I was awake, asked if I wanted to join them in helping out at Sunset's Welcome Brunch. Not thinking much of it and in a semi-conscious state, I agreed to go, not realizing how much of a great experience was to come.

When we first arrived, there wasn't too much to do—we set up tables and sliced some bagel in a somewhat disorganized assembly line of about eight kids; it was a rather slow start.

Then, as first service was coming to an end, we snapped into action, running hot trays of “franks in a blanket” and bagels between buildings. While it was hectic and scary and very sweaty, it was definitely worth it as we prayed then started serving food. As we served, we got a chance to meet people and see smiles on people's faces as they mingled with others that were once strangers; it's an amazing thing to see how such diverse groups come together as one body, united by Christ. While that was a crazy and tiring morning, I can say with confidence that it was worth every moment! ■





# Yut Hong's 26th Anniversary

Article by Elgin Quan 关李瑶 真, Photos by Stuart Lee and Elgin Quan 关李瑶 真



The Yut Hong Fellowship at the 26th Anniversary.

*“let us run the race that is set before us..” Heb.12:1*

On Sept. 2017 YH celebrated its 26 year together glorifying God. It was 1991 when three young ladies and a young pastor, grouped together to form a senior's fellowship. 26 years of faithful devotion and worship have given rise to devoted members who by the grace of God have remained steadfast, sacrificed and overcome the trials of life.

Pastor Johnny Wang, along with his wife, Mrs. Vivian Wang Hong Kwai Hau, her older sister, Kathleen Lin Hong Quai Lai and May Fong Louie were amongst the first founding members led by Pastor Wang.

These three original founders, now well into their 80's with one in her 90's have suffered from various age-related maladies, yet they continue to run their race. With diligence, Mrs. Lin Hong Quai Lai served by using her musical talents. Week after week, she played the piano and year by year sang Christmas carols to shut ins. May Fong Louie served by her love for cooking and taught exercises to bring physical and emotional health to nurture and feed the body. Mrs. Wang Hong Kwai Hau has come alongside all the Yut Hong members and helped bear their burdens through prayer and supplication.

Another amazing member who has stayed strong, kept the course and has endured many years of trials is Mrs. Yu Tam Choi Ha. She has lived with malignant cancer for 4 years undergoing countless treatments. Her daughter comes from Wales several times a year to be by her side. Yet in her perseverance while enduring pain, trials and tribulations she has demonstrated a remarkable sense of joy and peace rooted in her deep love for God.

The examples of these members with their years of faithful service, reminds us that Jesus is King. His Kingdom consists of members who are steadfast and love the Lord. Hebrews 12:1, tells us that there is a race to be won. There is a finish line to reach. The writer tells us to run the race with diligence. Do not give up.

*Do you not know that in a race all the runners run, but only one receives the price? Run so that you may obtain it. 1 Cor. 9:24-25*

The race is against yourself how well you overcome trials and temptations, and the encumbrances of sin. *Therefore, since we are surrounded by so great a cloud of witnesses, let us also* ►



(L-R) Kathleen Lin Hong Quai Lai, Vivian Wang Hong Kwai Hau, May Fong Louie.



lay aside, every weight and sin which clings so closely and let run with endurance, the race that is set before us. Heb. 12:1  
Sadly, this year, we lost 2 Yut Hong members. One the oldest, Mrs. Chiu Yee W.K. who was 97 years old and the second, the longest serving member, Mr. Howard Eng who served for 10 years as chairman of Yut Hong.

The Bible tells us there are 5 crowns of salvation given in heaven. Each one of these 5 crowns are reserved for those who love God and are victorious through trials and temptations. Many Yut Hong members have run this course, stayed strong and remained faithful. A special crown awaits them. On judgment day, who will wear a victor's crown? Will you be one amongst those called?



Mrs. Yu Tam Choi Ha, husband, and daughter, Christine from Wales.

## 益康26週年

由關李瑤真和薛健策合著

以堅忍的心奔跑那擺在我們面前的賽程 Heb. 12:1

今年9月，是益康團契誕生26週年。回顧1991年，在神的靈呼召下，我教會的王其昌牧師、師母王洪閨侯、師母的姐姐林洪閨麗以及伍紅仙、雷伍美芳和其他幾位年長的弟兄姊妹，共同組建了益康團契。26年來，我們團契在蒙受主耶穌賜予豐盛的恩典中，在主的眷顧和保守下，不斷成長壯大，活動的內容不斷改進充實，我們的目標就是要把團契辦成年長的基督徒事奉主、為主作見證、榮神益人的屬靈之家。



現在，團契中尚生存的幾位創辦人年事已高，但他們愛主，熱心事奉主，常為主作見證，為團契所作的杰出貢獻，永記後人心中。林洪閨麗姊妹用主的恩賜---鋼琴和音樂，為團契聚會司琴，帶領詩班，又與其他弟兄姊妹一起去康復中心、老人療養院探訪慰問、唱聖詩、傳福音、報佳音，數十年如一日，持之以恆，使主耶穌深入很多長者心中。雷伍美芳和伍紅仙則利用主的恩賜---烹飪廚藝事奉，使團契的弟兄姊妹食得開心，食得健康。雷伍美芳還教打“六通拳”，增強各人的體質。王洪閨侯師母則恆久地切切地為團契為各人祈禱，關心各人的靈命成長，上靈修課，帶領唱詩，也常去探訪，傳揚福音。



兩位前任團長伍偉光弟兄和伍慧修姊妹，一向對主忠心耿耿，謙卑順服，把全副心血都傾注在團契---主的事工上，以高度的屬靈責任感，把團契工作放在首位，活出基督的樣式，他們不愧為團契事工中不可多得的杰出的領軍人物。



神的恩典也臨到何建有、余譚彩霞和王麗珠等人身上。她們在聖靈的作工下，雖然多次“行過死蔭的幽谷，也不怕遭害”。

何建有姊妹曾多次跌倒，導致非常嚴重骨折，數次動大手術，但她信靠神，恆切地禱告，神聽她的祈禱，通過醫生施恩手醫治她，令她活到今天。她多次感謝神在她生命危急的關頭挽救了她，她常常對人說，沒有神就沒有她。

余譚彩霞姊妹幾年前乳癌復發，醫生曾預言她只有一年多的壽命。但她緊緊堅信神，依靠神，堅強地活下去。如今癌細胞雖然已擴散到全身，但經過幾次化療，與病魔作殊死的鬥爭，直到今天，仍頑強地活下來，精神較好，食得睡得。

再說到王麗珠，她長期患上風濕骨痛，白天稍為好些，但一到夜晚，痛到徹夜無法入睡，止痛藥完全起不到作用，一直痛到天亮。天天如是，夜夜如是，年年如是。但直到今天，仍堅強地活下來，依靠神，不斷向神禱告。還來團契聚會，又參加查經。

我們既有這許多的見證人，如同雲彩圍著我們，就當放下各樣的重擔，脫去容易纏累我們的罪，存心忍耐，奔那擺在我們前頭的路程。  
來 12: 1

豈不知在場上賽跑的都跑，但得獎賞的只有一人。你們也當這樣跑，好叫你們得著獎賞。凡較力爭勝的，諸事都有節制，他們不過是要得能壞的冠冕；我們卻是要得不能壞的冠冕。所以，我奔跑不像無定向的，我鬥拳不像打空氣的。  
(林前9:24-26)

救恩的冠冕是為那些愛神並經過試煉及勝過試探的賜下。益康團契裡很多弟兄姊妹都走着這路程，神為他們預備了特別的冠冕。到了審判的日子，誰能得到這冠冕？你會成為其中的一個嗎？

Yut Hong Cantonese Fellowship meets every Friday morning from 10am-1pm in CE Auditorium at 3635 Lawton Street. There is a health talk once a month. For info, please email questions to: [info@sunsetchurchsf.org](mailto:info@sunsetchurchsf.org). ■



## 五言詩四首

薛健策

(一)

轉瞬九月來，“益康”添一歲，聖靈常指引，主愛花盛開。

(二)

主是葡萄樹，“益康”是枝子，若要果豐碩，唯有信靠主。

(三)

背負十字架，踏足美、非、亞，“溢樂”短宣隊，送主進萬家。

(四)

颶風來侵襲，德、佛、波皆瘡痍，一地有災難，八方爭捐施。



# Sunset Youth Hoops 2017

Article and Photos by Alfred Leong



*"For what we preach is not ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. For God, who said, 'Let light shine out of darkness,' made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ. But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us."*  
2 Corinthians 4:5-7

This past summer, over twenty Sunset Church members volunteered as coaches and spiritual leaders to proclaim the gospel and have fun coaching basketball. Our teams participated in Chinese Christian Union's (CCU) summer basketball league, where we played teams from other churches in the Bay Area. For many of the kids, it was their first time hearing about Jesus, and what He means to each of us, as well as their first time playing in an organized basketball league. In April, it appeared that we would not have enough coaches, as there was so much interest from parents and players. The harvest was plenty, but the workers were few. Thankfully, the Lord provided as a number of Sunset Church members stepped up, and volunteered to be spiritual leaders and coaches, faithfully praying for the teams, as well as preparing and delivering devotionals during practices and games. Over the past few years, we have grown from six or seven teams to eleven teams with over one hundred forty kids this past summer. Next year, the harvest will be even more plentiful!



If you're interested in volunteering and serving as a coach or spiritual leader next summer, please feel free to email Coach Alfred at [leongcpa@yahoo.com](mailto:leongcpa@yahoo.com). If you're interested in signing up your son or daughter to play next summer, next year's registration will open on February 1, 2018 at [sunsetchurch.leagueapps.com](http://sunsetchurch.leagueapps.com). ■





# Alpha Pregnancy Center's Walk for Life 2017

By Steven Li, Photos by Gary Gin

30 client families blessed  
125 walkers mobilized  
\$14,000 raised

On Saturday, October 21, 2017, a group from Sunset Church participated in Alpha Pregnancy Center's Walk for Life, where we walked to deliver intentionally crafted care packages to the homes of families facing unplanned pregnancies or raising children as a result of unplanned pregnancies.

The day began early. When we arrived at the center, it was revealed to us that several walkers were unable to attend the walk. Since the teams were already assigned, the teams had to be readjusted. The verse Proverbs 19:21 came to mind: "Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand." Despite all of the planning, God knew what was needed and guided us in the readjustment of the teams. For example, our team originally had a Mandarin speaker who cancelled at the last minute. Since our clients were Mandarin speaking clients, and the rest of the team were not Mandarin speakers, the Lord provided for us Lei Chun Wang who was reassigned to our team only 2 minutes before heading out for the walk. We praise the Lord for His goodness in providing someone who was instrumental to our team of walkers and became the "mouth-piece" of our group and was able to greet, engage and pray for our clients in their native tongue.



The Sunset APC Walk For Life team.

The Sunset group was divided into 3 teams, which were led by Jeff Wong, Simon Wong and Wai Lam. Each team was assigned a set number of client homes to visit, deliver care packages and shared God's love. The day began early as each team was given their care packages, along with a map with instructions to their assigned clients. Co-director Faith Wirajsilp provided a welcome message of encouragement, where she shared about how this ministry was saving lives and how Jesus' message of salvation through grace is being shared with these families. Her message was very moving in that it brought tears to many in the audience. The teams then headed off to visit their assigned clients.

Our team of 5 walkers (and a baby in a stroller) was led by Jeff Wong. We were assigned 2 Mandarin-speaking clients. Armed with our care packages, and paper map, we headed off to our first client. It was only about a block and a half from the center. We walked there in about 5-10 minutes and met with our first client. We met with the mother and grandmother. After introducing ourselves, speaking with them and delivering the care packages, we ended our visit with a prayer in Mandarin by our team member Lei Chun Wang.

We then headed off to our next client, who was located on the border of San Francisco and Daly City. It was a 2-mile walk, with hills. It took us approximately one hour, but during that walk we had a chance to fellowship with our fellow walkers. It was a very

therapeutic walk, but armed with care packages, and a baby in a stroller, it was slightly difficult, but we arrived at our destination. There, we met the next client, where we once again introduced ourselves, delivered the care packages, and prayed with them. Done with our assignment, we must now travel 5.5 miles to the Louis Sutter Playground for the barbecue. Having already traveled by foot for 2 plus miles, and considering distance and time, we decided to utilize Uber for transportation to the playground. Jeff voiced his concern, after reserving the Uber, that perhaps the auto used would not be able to fit all 6 of us plus the stroller. We were waiting for the Uber when all of the sudden, Sunset member Danny Jung appeared out of nowhere! Apparently, Jeff had texted Danny our location, and Danny just decided to "show up" and saved the day as he gave Lei Chun and me a ride to the playground, alleviating the



Preparing for the Walk For Life.

problem of space in the Uber vehicle. We found out later, that the vehicle was indeed too small and would not have fit all of us. God knew our needs on that day, and provided for us just at the right time. An added bonus was that we actually met members of the families we visited at the barbecue and had the opportunity to fellowship with them a bit further.

After arriving at the Louis Sutter playground, we were greeted with a barbecue lunch of hot dogs, hamburgers and various condiments, which were provided by the Center at no cost to the walkers as well as the clients and families. There were activities for children, such as a “jumpy house”, bean bag toss and animal balloons, courtesy of Phil Wong. More importantly, the barbecue gave the participants the opportunity to fellowship with one another as well as with the clients and families that are served by the Center.



Front L-R: Sherise, Lei- Chun, Steve and Nicole  
Back L-R: Jeff, Philip & Simon

Alpha Pregnancy Center blessed over 30 families and raised over \$14,000 from this walk. This is one of two annual fund raising events held by the Center, and Sunset Church has played a significant role in providing people and raising funds this year. This is my 3rd time participating in the Walk for Life. Aside from being able to share God’s love and to fellowship with other walkers, I thoroughly enjoy seeing the smiles on the faces of the families when they receive the care packages. To see the families being blessed is priceless. More importantly, we hope that as we plant the seed, the Lord will in turn will work on their hearts to establish a relationship with Him.

Special thanks to Jeff Wong who help coordinate the event for Sunset Church this year, and to Dr. Gary Gin who coordinated the event in past years. I am looking forward to participating again next year, and hopefully many years after that. ■



Lam and Sherise with one of the families.



Praying with one of the families that received help.





# Let's Worship Together "In This Moment" – Article 4

By Melody Gawliu



What are you doing right now as you read this: Sitting, standing, breathing? Are you thinking about other things? What is going on in your life? What is going on in your mind? Have you ever driven and arrived at your destination and thought to yourself “how did I get here? I don’t even remember the drive!”

Pat Barrett, worship pastor and songwriter of songs such as Good Good Father, reminded us of the concept of “being present.” It’s something that we don’t typically think about but is very important for us – especially when it comes to worshipping God.

What would it be like to be awake to the moment in front of us?

There are so many distractions in this world and so it is hard to be present in the moment that you are in. That’s what being present is – bringing your attention to experiences occurring in the current moment.

Barrett brought up very good food-for-thought. He talked about how we tend to ask for God’s presence in our lives, church services, and in our worship. We pray for God’s presence and sing invitations for God to be present – but what about us? What if God is asking for our presence? Am I present? The way that Barrett describes “being present” is “that feeling of being in the moment you’re in and then suddenly waking up to it.” He references Genesis 28:16 as what spirituality will be like until we are “present.” We read that Jacob awoke from his sleep and said, “Surely the Lord is in this place, and I did not know.”

How often do we find ourselves having that experience where we realize we were just going through the motions as if we were sleep-walking through that moment? How often do we find ourselves in worship service or small group being distracted by things around us or thoughts of what will happen next: (a) Where will I head after this (b) what should I eat (c) I have to get back to work (d) I have to finish my homework. We’re always rushing from here to there. Barrett helped me ask myself “why is the now not enough? Why is it so hard for me to be here?”

As we join together in worship, what are ways that we can be “present” and be “engaged” in worship rather than being in auto-pilot? How can we be an “active” conduit of worship rather than “passive?” How can each of us prepare ourselves to be “present?” How can we slow ourselves down to be able to experience God’s presence and enjoy it? Perhaps it means getting to places early to spend some quiet time praying. Perhaps it means getting a good rest the night before. Perhaps it’s being actively aware that we are being distracted and then presenting that distraction to God so that He can help us with it.

My prayer is that we would be a people who would recognize and be awake to the gift in front of us. That we’d know that “being present” is an act of worship; it’s when we give God our full attention and not our leftovers. That worship is not a mindless act but one we must be engaged in. I pray that God would help us to be a people who are slowed down enough to be fully awake to the holiness of the moment we’re in both during congregational worship spaces and in our daily lives. Amen. ■



Worship leader and songwriter Pat Barrett speaking at the Worship Together 2017 Conference.

# Sunset Profile: Daniel Wong

**Q: Tell us a little about yourself, your family, your background and your spiritual journey.**

I am Daniel Wong, a senior at George Washington High School. I grew up in a Christian household with both my parents bringing me and my sisters to church. I attended West Portal Lutheran School where I learned about God and bible stories. In 7th grade I went to JS – the Friday night fellowship for middle schoolers – and there the gospel was revealed to me. I learned about the gospel and saw the gospel being lived out through other believers.

**Q: What are your hobbies or interests?**

I enjoy playing basketball and playing video games. I have played basketball ever since I was a kid and have recently gotten into coaching basketball.

**Q: If you can go anywhere and do anything, where would you go and do?**

I would want to go to Guatemala because I have gone there on a mission trip before and I love meeting the people. I would want to go to share the gospel with the people, see nature and eat their food.

**Q: You are the new Children's Ministry Assistant. What made you want to take this role?**

Theo approached me with this job of helping him out but I actually didn't know I would turn out to be the MA. So when I did take this offer I didn't think I would be doing all these things but I want to serve in Children's Ministry to serve God through these kids and staff.

**Q: How do you see God working in your life?**

I have seen God work in my life through spreading the Gospel to not only those people on mission trips but in my high school – being a witness to those in my school.

**Q: What is something that people would be surprised to know about you?**

Most people might think that my life is all basketball and that ball is life. Instead of ball is life though I serve a lot at church through ministries like CampToons or Sunday school. I enjoy serving in these ministries and seeing God work in them.

**Q: What Bible verse has been the most impactful to you in your Christian Journey? Why?**

Jeremiah 29:11 has always been a reminder in my life to put my trust in God and that I need to trust God's plan because His plan is better than my own plan and He knows what I need.

*For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. - Jeremiah 29:11 (NIV)* ■



Daniel's family: l-r: Jean, Alan, Rachel, Daniel and Jessica



Student Leaders with Pastor Clark at this year's Counselor Appreciation Banquet